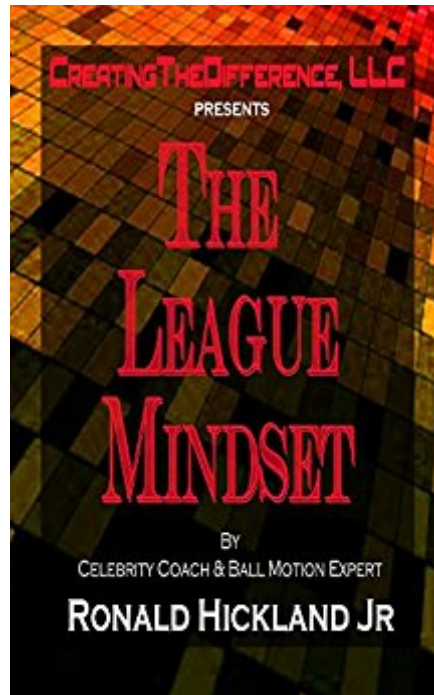


The book was found

The League Mindset (Creating The Difference In Bowling Book 2)



Synopsis

In the Tournament Mindset, we talked about how important it is to have the tools needed to bowl your best. In this book, we will take a look at what is important in traditional league bowling. As a collegiate team captain and a certified bowling coach who has bowled on countless league championship teams over the past 27 years, I can affirm that league bowling is just as much mental preparation as it is physical execution. I will give you some tools and strategies to help you and your team perform to the best of your ability. Thank you so much for supporting bowling and Creating The Difference.

Book Information

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